

STARTERS

Chef's Soup of the Day
served with gluten free bread & butter

Chicken Liver Parfait
with a sweet red onion marmalade & gluten free toast

Roast Field Mushrooms
on gluten free toast with balsamic leaves & parmesan shavings

MAIN COURSES

Lamb's Liver, Bacon & Onions
on creamy mashed potato with seasonal vegetables & gluten free gravy

Minute Steak
flash grilled sirloin with tossed salad, horseradish mayonnaise & a choice of mash,
new or dauphinoise potatoes

Salmon & Prawn Risotto
salmon, prawns, peas & peppers topped with a golden parmesan crisp

Pan Fried Seabass Fillets
on a warm new potato, king prawn, cherry tomato & bacon salad

DESSERTS

Crème Brûlée
with berry coulis and soft fruits

Eton Mess
a jumble of mixed berries, ice cream, meringue & toffee sauce topped with Chantilly cream & fresh fruit

Fresh Fruit Sald
with pouring cream

C^{the}RAVEN HEIFER INN KELBROOK

GLUTEN FREE MENU

We are happy to provide you with allergen guidelines for all of our menu items, but due to the nature of our busy kitchen, there is a small risk that traces of these may be found in any other dish.

Please note that the bar closes at 11:30pm every night and the premises close at midnight. Prices subject to change.



STARTERS

Chef's Soup of the Day	£4.50
served with gluten free bread & butter	
Roast Field Mushrooms	£5.75
on gluten free toast with balsamic leaves & parmesan shavings	
Chicken Liver Parfait	£6.75
with a sweet red onion marmalade & gluten free toast	
Black Pudding & Goat's Cheese Stack	£6.95
gluten free black pudding, goat's cheese & beef tomato with a warm three mustard sauce	
Chicken Caesar Salad	£5.75 or £11.50 as a main
crispy baby cos lettuce & a crispy pancetta in a creamy anchovy dressing, topped with anchovies & parmesan shavings	
Seared King Scallops	£8.95
sautéed with chilli, garlic, ginger and coriander with lemon dressed micro leaf	

SANDWICH SELECTION

Available until 6pm

Prawn & Crayfish	£7.50
on gluten free bread with dressed leaves	
Sirloin Steak & Onion	£7.95
flash grilled sirloin with fried onions & mushrooms, on gluten free bread with horseradish mayonnaise & dressed leaves	
Tasty Lancashire Cheese with Tomato Chutney & Spring Onion	£5.95
on gluten free bread with pickled golden beetroot & dressed leaves	
Classic Club Sandwich	£8.95
on toasted gluten free bread with chicken, bacon, lettuce, tomato & mayonnaise	

MAIN COURSES

Prime Beef Fillet5oz £15.95	10oz £27.95
prime fillet of beef with steak garnish purée, chargrilled oyster mushroom & a choice of sauce with mash, new or dauphinoise potatoes		
Chicken Fillet	£14.95	
prime roasted chicken fillet on pan fried bacon & onion rosti potato with seasonal vegetables & your choice of sauce		
Pan Fried Seabass Fillets	£16.95	
on a warm new potato, king prawn, cherry tomato & bacon salad		
Grilled Hake Fillet	£15.95	
topped with sun blushed tomato, olives & Lancashire cheese, chargrilled asparagus spears, dill cream & a choice of mash, new or dauphinoise potatoes		
Scallop & Prawn Risotto	£15.75	
seared king scallops & prawns on a truffle & garden pea risotto		
Sunday Roast <i>Sundays only</i>	£11.95	
slow roasted brisket of beef, roast shoulder of local lamb or roast chicken, with mash potato, carrot & swede, green beans & gluten free gravy		

SIDE ORDERS

Bread & Butter	£1.50
Garlic Bread	£2.50
Garlic Bread with Cheese	£2.75
Tossed Salad	£2.50

SAUCES

Available as a side order if not included with main course	
Mushroom	£2.50
Green Peppercorn	£2.50
Blue Cheese	£2.50

DESSERTS

Crème Brûlée	£5.50
with berry coulis and soft fruits	
Raspberry Ripple Ice Cream	£5.50
with soft fruits	
Eton Mess	£5.50
a jumble of mixed berries, ice cream, meringue & toffee sauce topped with Chantilly cream & fresh fruit	
Fresh Fruit Salad	£4.50
with pouring cream	
Heifers Cheese Slate	£6.95
Lancashire Tasty, Blacksticks Blue, Smoked Applewood with apple, grapes & oatcakes	